

Fearlessness Paradigm Meets
Bracha Ettinger's Matrixial Theory

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and both be seen as equally valuable. Whether that integrative approach is

works since 2000 but his 2006 book *Integral Spirituality* is a good place to see the AQAL Matrix developed. I use

[the co-emergent relational 'we' dynamic of mother and gestating child in the womb]. When the affections of awe and compassion arise in an encounter they counterbalance abjection.¹⁶

Within the fearlessness paradigm, I start with the evolutionary and healing logic of self-regulation and defense systems, whereby I claim that *when fear arises, then so does fearlessness*

way or another as part of the sustaining inherent drive toward ontological security that is non